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| 3 | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Break Time | Cheese slice £1.45Steak slice £1.80Sausage rolls £1.50Vegan roll £1.50Pizza slice £1.50½ Panini £1.30 | Cheese slice £1.45Steak slice £1.80Sausage rolls £1.50Vegan roll £1.50Pizza slice £1.50½ Panini £1.30 | Cheese slice £1.45Steak slice £1.80Sausage rolls £1.50Vegan roll £1.50Pizza slice £1.50½ Panini £1.30 | Cheese slice £1.45Steak slice £1.80Sausage rolls £1.50Vegan roll £1.50Pizza slice £1.50½ Panini £1.30 | Cheese slice £1.45Steak slice £1.80Sausage rolls £1.50Vegan roll £1.50Pizza slice £1.50½ Panini £1.30 |
| Main Courses £2.40 | Halal beef bolognaise pasta bake with broccoli**Loaded Chip**Pulled pork cornchips Quorn, broccoli & tomato pasta bake with broccoliAdd cold dessert or daily bake | Ham & roast vegetable crustless quiche with new potatoes and salad **Mumbai**Halal Bang Bang chicken & rice with a warm tortillaVegetable frittataAdd cold dessert or daily bake | **Chinese Theme Day**Sweet & sour chicken with egg fried rice **Chinese**Korean bbq chicken with riceBlack bean veggie spring rolls with egg fried riceAdd cold dessert or daily bake | Halal chicken tikka with braised rice**Joe de Frango**Piri piri chicken in a flatbreadTikka halloumi wrap Add cold dessert or daily bake | Fishcake, chips and beans**Loaded Chip**Halal jerk chicken with bbq sauce over nachosVeggie nuggets, chips and beansAdd cold dessert or daily bake |
| Pasta Bar £2.00 | Penne pasta with chef’s tomato saucewith cheese topping | Penne pasta with chef’s tomato saucewith cheese topping | Penne pasta with chef’s tomato saucewith cheese topping | Penne pasta with chef’s tomato saucewith cheese topping | Penne pasta with chef’s tomato saucewith cheese topping |
| Extras/sides | Baked potato with choice of toppings £1.65Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00 Protein pots £1.00Mixed salad bar £1.70Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00 Protein pots £1.00Mixed salad bar £1.70Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00Protein pots £1.00Mixed salad bar £1.70Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00 Protein pots £1.00Mixed salad bar £1.70Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00 Protein pots £1.00Mixed salad bar £1.70Daily selection of cookies, desserts from 75p |
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Elthorne Park High School Week 3