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| 3 | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Break Time | Cheese slice £1.45  Steak slice £1.80  Sausage rolls £1.50  Vegan roll £1.50  Pizza slice £1.50  ½ Panini £1.30 | Cheese slice £1.45  Steak slice £1.80  Sausage rolls £1.50  Vegan roll £1.50  Pizza slice £1.50  ½ Panini £1.30 | Cheese slice £1.45  Steak slice £1.80  Sausage rolls £1.50  Vegan roll £1.50  Pizza slice £1.50  ½ Panini £1.30 | Cheese slice £1.45  Steak slice £1.80  Sausage rolls £1.50  Vegan roll £1.50  Pizza slice £1.50  ½ Panini £1.30 | Cheese slice £1.45  Steak slice £1.80  Sausage rolls £1.50  Vegan roll £1.50  Pizza slice £1.50  ½ Panini £1.30 |
| Main Courses £2.40 | Halal beef bolognaise pasta bake with broccoli  **Loaded Chip**  Pulled pork cornchips  Quorn, broccoli & tomato pasta bake with broccoli  Add cold dessert or daily bake | Ham & roast vegetable crustless quiche with new potatoes and salad  **Mumbai**  Halal Bang Bang chicken & rice with a warm tortilla  Vegetable frittata  Add cold dessert or daily bake | **Chinese Theme Day**  Sweet & sour chicken with egg fried rice  **Chinese**  Korean bbq chicken with rice  Black bean veggie spring rolls with egg fried rice  Add cold dessert or daily bake | Halal chicken tikka with braised rice  **Joe de Frango**  Piri piri chicken in a flatbread  Tikka halloumi wrap  Add cold dessert or daily bake | Fishcake, chips and beans  **Loaded Chip**  Halal jerk chicken with bbq sauce over nachos  Veggie nuggets, chips and beans  Add cold dessert or daily bake |
| Pasta Bar £2.00 | Penne pasta with chef’s tomato sauce  with cheese topping | Penne pasta with chef’s tomato sauce  with cheese topping | Penne pasta with chef’s tomato sauce  with cheese topping | Penne pasta with chef’s tomato sauce  with cheese topping | Penne pasta with chef’s tomato sauce  with cheese topping |
| Extras/sides | Baked potato with choice of toppings £1.65  Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00  Protein pots £1.00  Mixed salad bar £1.70  Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65  Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00  Protein pots £1.00  Mixed salad bar £1.70  Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65  Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00  Protein pots £1.00  Mixed salad bar £1.70  Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65  Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00  Protein pots £1.00  Mixed salad bar £1.70  Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65  Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00  Protein pots £1.00  Mixed salad bar £1.70  Daily selection of cookies, desserts from 75p |
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Elthorne Park High School Week 3